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(Kodansha International)**

By Masatoshi Nakayama

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<http://www.adrianhoe.com/adrianhoe/karate/>

Kata SOCHIN - by Luca Valdesi (2012) - YouTube -

Sep 22, 2012 The kata SOCHIN performed by former World Champion Luca Valdesi of Italy. He placed second. Visit for more info, videos and

<http://www.youtube.com/watch?v=Ox7rJiM6zFw>

My Karate Passion | Pragmatic Revelations - Adrian -

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