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<http://www.swansonvitamins.com/blog/natural-health-tips/essential-oils-aromatherapy-guide>

## **Aromatherapy | University of Maryland Medical Center -**

Aromatherapy Overview. What is aromatherapy? Aromatherapy is the use of essential oils from plants for healing. Although the word aroma makes it sound as if the <http://umm.edu/health/medical/altmed/treatment/aromatherapy>

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## **Essential Oils - Essential Oil Uses and Benefits -**

Extensive Essential Oil Directory of the uses, benefits, properties, safety information and profiles for 110 essential oils used in aromatherapy. <http://www.aromaweb.com/essentialoils/>

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<https://store.vitalsource.com/browse/84541>

### **Essential Aromatherapy: A Pocket Guide to -**

This brisk tour of essential oils (or concentrated plant essences) and explores their many applications and uses. Author Susan Worwood begins with a brief history of

<http://www.amazon.com/Essential-Aromatherapy-Pocket-Guide-Oils/dp/1577312481>

### **About Essential Oils | Young Living Essential Oils -**

About Essential Oils; Essential Oils Guide; Essential Oil Safety; the purest essential oils are far more powerful than the essential oils and essential oil

[https://www.youngliving.com/en\\_US/discover/guide/about](https://www.youngliving.com/en_US/discover/guide/about)

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### **What is an Essential Oil? - Aromatherapy Notes -**

Jun 14, 2009 So, how is an essential oil defined? An essential oil is basically the life blood of the plant and is actually stored and used by the plant in a number of

<http://sedonaaromatherapie.com/blog/2009/06/15/what-is-an-essential-oil/>

### **Yarrow Oil, Some Uses - Essential Health -**

The Complete Book of Essential Oils and Aromatherapy Rosemary Gladstar's Herbal Recipes for Vibrant Health Natural Beauty at Home: More than 250

<http://essentialhealth.com/2013/04/yarrow-oil-some-uses/>

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### **Algood Massage Essential Oils -**

Essential Oil Basics Essential oils are the highly concentrated, volatile, aromatic essences of plants. Scientists agree that essential oils may perform more than one

<http://am.massagetherapy.com/essential-oils>

### **Essential oil - Wikipedia, the free encyclopedia -**

Aromatherapy is a form of alternative medicine in which healing effects are ascribed to the aromatic compounds in essential oils and other plant extracts.

[http://en.wikipedia.org/wiki/Essential\\_oil](http://en.wikipedia.org/wiki/Essential_oil)

### **Doterra - d TERRA - Essential Oils -**

d TERRA provides therapeutic-grade essential oils and wellness products to people who care about improving their health and that of their loved ones.

<http://www.doterra.com/>

### **Aromatherapy - Wikipedia, the free encyclopedia -**

Aromatherapy uses plant materials and aromatic plant oils, including essential oils, and other aromatic compounds for the purpose of altering one's mood, cognitive

<http://en.wikipedia.org/wiki/Aromatherapy>

### **Aromatherapy | Taking Charge of Your Health & -**

What is the difference between "aromatherapy" and "essential oil therapy"? Basically, these terms mean the same thing. We think the term "aromatherapy" is a bit of a

<http://www.takingcharge.csh.umn.edu/explore-healing-practices/aromatherapy>

### **Essential Oils Introduction KIT aromatherapy -**

Health & Beauty > Natural INTRODUCTORY ESSENTIAL OILS KIT Kit contains: candle making, cooking, cleaning and many more. 15ml essential oil = 300 drops.

<http://www.ebay.com.au/itm/Essential-oils-Introduction-Kit-Aromatherapy-Candles-Melts-doTerra-Natural-/281761479640>

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