

# **The Healthy Programmer: Get Fit, Feel Better, And Keep Coding [Unabridged] [Audible Audio Edition]**

**By Joe Kutner**

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**The Healthy Programmer : Get Fit, Feel Better, And -**

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The Healthy Programmer, It s subtitled, Get Fit, Feel Better, and Keep Coding, and the book couches all of its advice in terms familiar to developers.

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The Healthy Programmer Get Fit, Feel Better, and Keep Coding (Pragmatic Programmers) By: Joe Kutner Publication Date: 2013-07-06 Number of pages: 220 ISBN-10: 1937785319

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The Healthy Programmer: Get Fit, Feel Better, and Keep Coding (Pragmatic Programmers) by Kutner, Joe published by Pragmatic Bookshelf (2013): Books - Amazon.ca  
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<https://pragprog.com/book/jkthp/the-healthy-programmer>

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Dec 02, 2013 The Healthy Programmer is an important book for all people, especially those who are sedentary. In fact, it is a book that everyone should read because it

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<http://www.books.slashdot.org/story/13/08/12/1239250/book-review-the-healthy-programmer>